# SENIOR MONDAYS & FRIDAYS WITH THE MAUMEE SENIOR CENTER

## At The Waterville Branch Library



## **JANUARY 2025**

\*Dates Subject to Change



#### **ALL ACTIVITIES ARE FREE!**

CALL 419-893-1994 TO REGISTER FOR AN ACTIVITY. SPACE IS LIMITED.

FRIDAY, JANUARY
3

**MEALS ONLY** 

MONDAY, JANUARY 6

HEALTHY EATING THAT TASTES LIKE IT'S NOT!

FREE TIPS AND SAMPLES

FRIDAY, JANUARY
10

**GAME DAY WITH PRIZES!** 

MONDAY,

JANUARY 13

MAKE A BIRD FEEDER

FRIDAY, JANUARY
17

HORSE RACING GAME, BLOOD PRESSURE AND GLUCOSE CHECKS, RAFFLE MONDAY,

**JANUARY 20** 

**NO MEALS OR ACTIVITIES** 

FRIDAY, JANUARY
24

BEATING THE WINTER
BLUES!

MONDAY, JANUARY 27

COFFEE &

**CONVERSATION** 

FRIDAY, JANUARY 31

> MAKING A VISION BOARD

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